PEAK Performance Virtual Experience

Drive personal responsibility and proactivity

PEAK Virtual is a tool organizations can use to drive high performance and increase engagement, despite workforce disruptions brought on by the COVID-19 crisis.

Organizations often struggle with continuous change cycles and keeping employee performance high with full engagement. This issue has been magnified tenfold in 2020. We're excited to offer our most popular program in a virtual format to overcome not only traditional challenges, but also new ones that have arisen this year.

Through a mix of facilitator-led training, and individual and group exercises via video conference, PEAK Virtual guides participants to:

- Take personal responsibility for their decisions, actions, and results in a healthy, balanced manner
- Uncover new levels of self-awareness
- Respond to the current environment and challenges proactively, versus reactively
- Create a vision for personal and professional growth, including stress reduction
- Learn how to thrive during difficult times
- Understand individual personalities and how to leverage those differences between people

Achieve Sustainable Growth

After attending, participants will:

- Understand the cause and effect relationship between their beliefs, thoughts, feelings, actions, and the results they create
- Create a personal vision that is in alignment with their talents, passion, values, and life experiences
- Identify new definitions of success during turbulent times
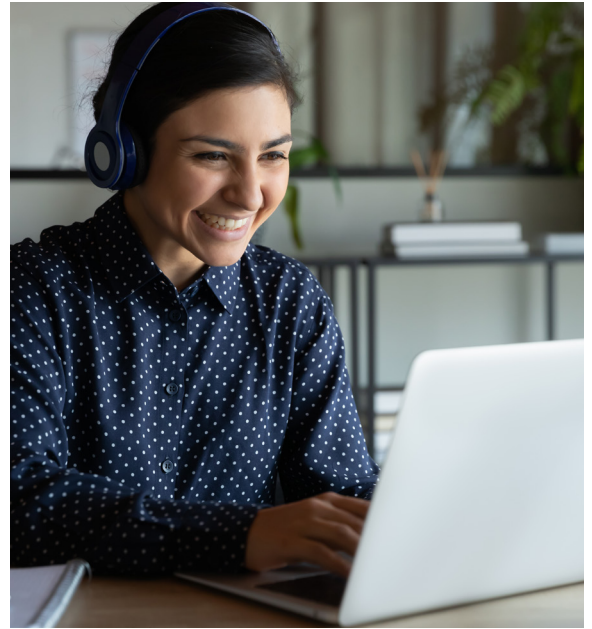
Though travel restrictions are still in place, we're equipped to support your team and help implement meaningful change!

PEAK Virtual is a transformational program that enables change from the inside out. More importantly, we're not merely delivering our previous in-person program online. We've adapted it to ensure it's relevant, current, and useful (while being mindful of "Zoom Fatigue").

Participants of PEAK learn to consistently become 'part of the solution'

while fostering supportive, non-competitive behaviors.

Experienced, Real-world Facilitators

Our program leaders and facilitators have extensive business leadership experience as well as decades of mindfulness-based leadership development training.

Program Details

- **Duration:** 3.5 days, can be broken into segments
- **Max Number of Attendees:** 20
- **Who should attend?** Various levels of executives, managers and employees
- **Customization:** Can be customized to the industry, mission and behavioral values of an organization

READY TO GET STARTED?

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